

# **Behavior That Keeps You Safe**

**Stand or Sit Tall**

**Look Around You -- be aware of your surroundings**

**Make eye contact with others**

**Speak so others can hear you**

**Speak clearly and directly**

**As soon as you are afraid – ACT!**

- **Get away from the danger**
- **Call for help**
- **Make a loud noise**
- **Move towards more people**

**Trust your feelings -- if something feels “wrong” or “bad,” act on that feeling!**