

For Providers

Healthcare Options for People with Intellectual and Developmental Disabilities Receiving Medicaid



If you have patients with intellectual and developmental disabilities and are Medicaid members, tell them to:

1. Call their LME/MCO.

If your patient is unsure of their LME/MCO, you can refer them to the North Carolina DHHS website: <https://www.ncdhhs.gov/providers/lme-mco-directory>

The LME/MCOs will be operating NC's Tailored Plan as of July 1, 2024, a health plan specifically for Medicaid members with an intellectual or developmental disability, serious mental illness, severe substance use disorder, or a traumatic brain injury.

2. Ask for Care Management.

Care Management, or Tailored Care Management, services are available for people who are Medicaid members and have an intellectual or developmental disability, serious mental illness, severe substance use disorder, or a traumatic brain injury.

To find out more about Tailored Care Management, click the links below:

[Care Management Fact Sheet](#)
[What Is Care Management?](#)

3. Choose a Care Management Agency.

Please recommend patients explore this opportunity for assistance. There are organizations that focus on these populations. Individuals and families get to choose who provides this service.

Care Managers can also assist you as a physician by coordinating patients' services, educating about health issues, scheduling and managing appointments, following up on referrals, etc.

4. Ask for the Innovations Waiver and 1915i services.

If your patient needs services in the home/community, they can request to be added to the Innovations Waiver waitlist and/or 1915i-funded services.

For more information on these services, click the links below:

[Innovations Waiver](#)
[1915i-funded services](#)